

REHAB DIMENSIONS

www.rehabdimensions.net
rehabd@verizon.net

Equipment Planning Guide

978 343-3444
fax 978 343-3944

QTY	MODALITIES	Budget
HEAT THERAPY		
	Hydrocollator with 12 hot packs	
	Hydrocollator with 24 hot packs	
	Hydrocollator with 6 hot packs	
	Hydrocollator Floor model with 8 hot packs	
	Side racks for 12 or 24 size hot pack machine	
	Thermometer for Hot pack unit	
	Nylatex wrap 2.5 x 18' 3 per package	
	Nylatex 2.5" x 36" - (6 cm x 91 cm) - 3/pkg.	
	Hot Pack cover Cervical all terry	
	Hot Pack cover standard all terry	
	Hot Pack cover oversize all terry	
	Wall Rack to dry hot 6 pack covers	
	Cervical hot packs	
	Oversize hot packs	
	Standard size hot pack 10 x 12'	
	2 Bottle gel Warmer for U/Sound	
	3 Bottle gel Warmer for U/Sound	
	Hot Pack Tongs	
	Paraffin Bath Foot / hands	
	Liners for Paraffin	
	Fluidotherapy; single entry, double extremity	
CRYOTHERAPY		
	ColPack Freezer w 12 standard packs front loading	
	Cold Pack unit Stainless steel	
	Biofreeze Gravity Feed Sample Pack 100 Samples	
	Biofreeze Gel, 4-ounce, pump, 32 oz	
	Opti Ice Cold Therapy System	
	Game Ready ice compression	
LASER		
	Cold Laser; stand alone or modular on estim combo unit	
	Laser Clusters; single, 9 cluster, 13 cluster, 33 cluster	
BIOFEEDBACK		
	Biofeedback surface EMG	
ULTRASOUND		
	Ultrasound 1, 2, 5, 10 cm soundheads available	
	Aquasonic Gel Ultrasound 5 Liter Ultrasound Lotion	
	Polysonic Lotion for massage & U/S, 1 gallon	
	1, 2, 5, 10 cm soundhead	
CARTS		
	Utility cart Plastic	
	3 shelf stainless steel cart	
	3 shelf stainless steel cart with draw	
	specialty cart for splinting pans	
	mobile carts for note writing	

ELECTRIC STIMULATION

	2 channel Combo estim & Ultrasound with or without cart	
	4 channel Combo estim & Ultrasound with or without cart	
	4 channel estim with or without cart	
	2 channel estim with or without cart	
	EMG assisted estim unit	
	Electric stim electrodes; 2"square, 2" round, 1" round, butterfly, 2" X 3"	
	T.E.N.S. unit	
	portable electric stim; Interferential, high volt,	
	Dual Channel iontophoresis Drug Delivery Device	
	iontophoresis pads; small, medium, large, butterfly size	
	CPM	
	CPM knee shoulder replacement kits	

TRACTION

	Traction head	
	Mobile Traction stand	
	High Low traction table four section (bed seperates)	
	High Low traction table two section	
	Traction table fixed height	
	Saunders Cervical Traction haulter clinical model	
	Universal Pelvic Harness	
	Flexion stool	
	Positex Mobilization Strap - 8'	
	Saunders Home traction (Lumbar, Cervical)	

WHIRLPOOLS

	Podiatry, high boy, low boy, stationary, mobile, surround platforms, chairs	
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EDUCATION

	Skeletal system wall chart Flex Lam 20" X 26"	
	Muscular system wall chart lam 20" X 26"	
	Hip & Knee wall chart laminate	
	Foot & ankle wall chart laminate	
	Shoulder & elbow wall chart laminate	
	Vertebral column wall chart laminate	
	Hand & wrist wall chart laminate	
	Ligaments of the joints wall chart laminate	
	The Spinal Nerves wall chart laminate	
	Mr Plain Skeleton	
	Mr Super Skeleton	
	Functional Knee	
	Functional Shoulder	
	Foot & Ankle model	
	Vetebral column with stand	
	Home exercise Software	

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REHAB SUPPLIES POSITIONING

	Bolsters; 5", 6", 8", 10"	
	Wedges: 6", 8", 10"	

CLEANING AND BODY ISOLATION ITEMS

	DisCide Ultra , Quart Spray	
	Citrus II Germicidal Cleaner 1 GALLON	
	CaviCide Disinfectant, 1 gallon	
	Cavicide Surface cleaner 24 oz spray	
	DisCide Ultra Towlettes 160 count	
	Instant Hand Sanitizer; 8 oz pump bottle, refill, dispenser	
	Alcohol Preps	
	Gloves sm, med, lg, x lge	

TOWELS / LAUNDRY

	Table Paper, Std Smooth, 18" x 225'	
	Standard Pillow Case, 42" x 34", one dozen	
	Professional Towel 3-ply, White 500/cs	
	Hand Towels, 16" x 27", one dozen	
	Sheets	

TAPE

	Kinesiotape Tex Gold 2" x 103' beige	
	Kinesio Tex Gold, 2"x16.4ft, 1 roll beige	
	Kinesio Tex Gold, 1"x 16.4 ft, 2 rolls, beige	
	Leukotape roll 1.5" X 15 yds	
	Cover roll stretch 2" x 10 yds	
	J wrap Pre taping Underwrap 48 rolls	
	J & J Athletic tape 1½"x15yds, 32 roll/cs	
	Rock Tape	
	Utility Scissors 7 1/4", Black	

MASSAGE

	Deep Tissue Lotion 8 oz	
	Deep Tissue Lotion Gallon	
	Tournesol Classic Performance Massage Oil, 2 liter	
	Free-up Massage cream uncenter 16 oz	

EVALUATION

	Stainless Steel Goniometer, 14"	
	Finger goniometer	
	12" Plastic Goniometer	
	8" Plastic Goniometer	
	6" Plastic Goniometer	
	Inclinometer; digital, analogue	
	Hand Dynamometer; Hand evaluation kit	
	Force Gauge (finger, pinch, push/pull)	
	Cloth measuring tape	

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	Gulick measurement tape	
	Rabiner Percussion Hammer	
	Buck Hammer	
	Reflex Hammer	
	Deluxe Labstar Sphygmomanometer	
	Pediatric Cuff Sphygmomanometer	
	Deluxe Labstar Sphygmo X-Large cuff	
	Economy Galaxy Sphygmomanometer	
	Sprague-Rappaport Type Stethoscope	
	Dual Head Lightweight Combo Stethoscope	
	Physicians scale height measurement	
	Pulse Oximeter	

TREATMENT FURNITURE

	Plastic Cart	
	Stainless steel cart 3 shelf with drawer	
	Stainless steel mobile cart 3 shelf	
	Mobile stool screw type with foot ring	
	Pneumatic stool round	
	Square stool 4 legs	
	Step up foot stool without handrail	
	Step up foot stool with handrail	
	Wood treatment table options: shelf, adjustable backrest, face slot, widths 24" 27", 30"	
	Mobilization high low table	
	High - Low RX table 3 section	
	High - Low RX table 7 section	
	High - Low Rx table 2 section	
	High Low Bobath Rx table	
	Mat Table fixed height : 4X7', 5 X 7', 6 X 8'	
	Electric High low Mat table: 4 x 7', 5 x 7', 6 x 8'	
	Mirror; wall mount, mobile: on weight rack	
	Storage racks hold: theraband, dumbbells, cuff weights, mirror, weight bars	
	Storage solutions for physioballs, foam rollers, etc	
	massage table portable or chair	
	Training stairs , corner stairs, walk through, bus step	
	Parallel bars platform mounted height & width adj. 7', 10', 12' length	
	Parallel bars floor mounted height & width adj. 7', 10', 12' length	
	Parallel bars foldable length wise 7' or 10' length	
	Parallel bars wall mount foldable to wall 7'	
	Parallel bars electric, height & width adj. 10', 12'	
	Over the bed tables	
	Pron pillows	
	Laundry Cart / bin	
	Timers; digital, egg	

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THERAPEUTIC EXERCISE

Stretch out strap	
Theratubing 100'; yellow, red, green, blue, black, silver	
Theraband 50yd; yellow, red, green, blue, black, silver	
Therapy Bands Latex free yellow, red, green, blue, black, silver	
Theraband handles	
Cuff weights # .5, 1, 1.5, 2., 2.5, 3, 4, 5, 7.5, 10	
Vinyl Dumbbells # 1, 2, 3, 4, 5, 6, 7, 8, 9, 10	
Exercise Balls 45cm, 55cm, 65cm, 75cm	
Exercise ball racks and storage; stackers, free standing, wall mount	
Therex ball Power Pump	
Therapy Puddy; (2, 4, 6, 8 , 16) oz XX soft, soft, medium, firm, X firm	
Finger ladder	
Dumbbell Rack wall mount holds 10 dumbbells	
Rebounder adjustable with plyo balls and rack; <i>square, round</i>	
Wobble board kit with stand	
Hurdles; cones,	
medicine balls; small hand held, large	
Kettle Bells	
Nested climbing boxes	
Dyna Disc	
balance pad	
BOSU ball	
BAPS	
Fitter with balance aids	
Total Gym	
Agility ladder	
Slide board	
Foam Rolls ; 6 x 36" full round 3" X 36" half round	
Shoulder Pulley; w/web strap for door attachment, metal bracket	
High low cable column pulley system #10 weigh plates with lat pull, low pulley	
Functional Trainer 2 weight stacks, 1 weight stack	
MET System Low weight High/low pulley several weight stacks available	
MET System High low speed pulley	
Lat Pulldown with deloading bar	
Full options for MET systems available call for information	
Selectorized weight equipment ie. leg press, leg curl, total hip, high low pulley	
Upright Bike	
Recumbent bike	
Recumbent linear stepper or recumbent elliptical	
Upperbody ergometer	
Upper and lower body ergometer combination	
Elliptical	
Treadmill Options; starting speed 0.1 MPH, .5 MPH, long belt, medical rails, reverse	
Stepper	